



# Alameda County Safe Routes to Schools International Walk and Roll to School Day **SOCIAL MEDIA TOOLKIT**

Social media is a great way to reach students, teachers, and the broader community quickly and frequently. This social media toolkit provides text and graphics for our Alameda County Safe Routes to Schools (SR2S) partners to share their excitement for International Walk and Roll to School Day on their organizations' social media accounts. This toolkit was created for:

- School administrators
- School districts
- Elected officials
- Parents and caregivers
- You!

You can choose which social media image to post and craft a message based on the Safe Routes to Schools theme you want to tailor and communicate to your community. Go with what works best for you! As a reminder, here are some SR2S themes:

- Building community on campus and in classrooms
- Encouraging students to be physically active
- Reducing pollution
- Reducing traffic congestion
- Promoting the choice to use active and shared transportation
- Increasing safety on our streets
- Improving academic performance

## How to Use these Social Media Posts

We've put together instructions and posts that you can use to promote the event. When you want to use one, just do the following:

1. [Download images](#) from this toolkit and save them to your desktop.
2. Log on to your social media site, such as Facebook, X (formerly known as Twitter) or Instagram.
3. Copy and paste the text we've provided into your post or create your own message that includes the #InternationalWalkAndRoll hashtag.
4. Upload the image you saved to your desktop to accompany your text.
5. Post away!

### Heads Up!

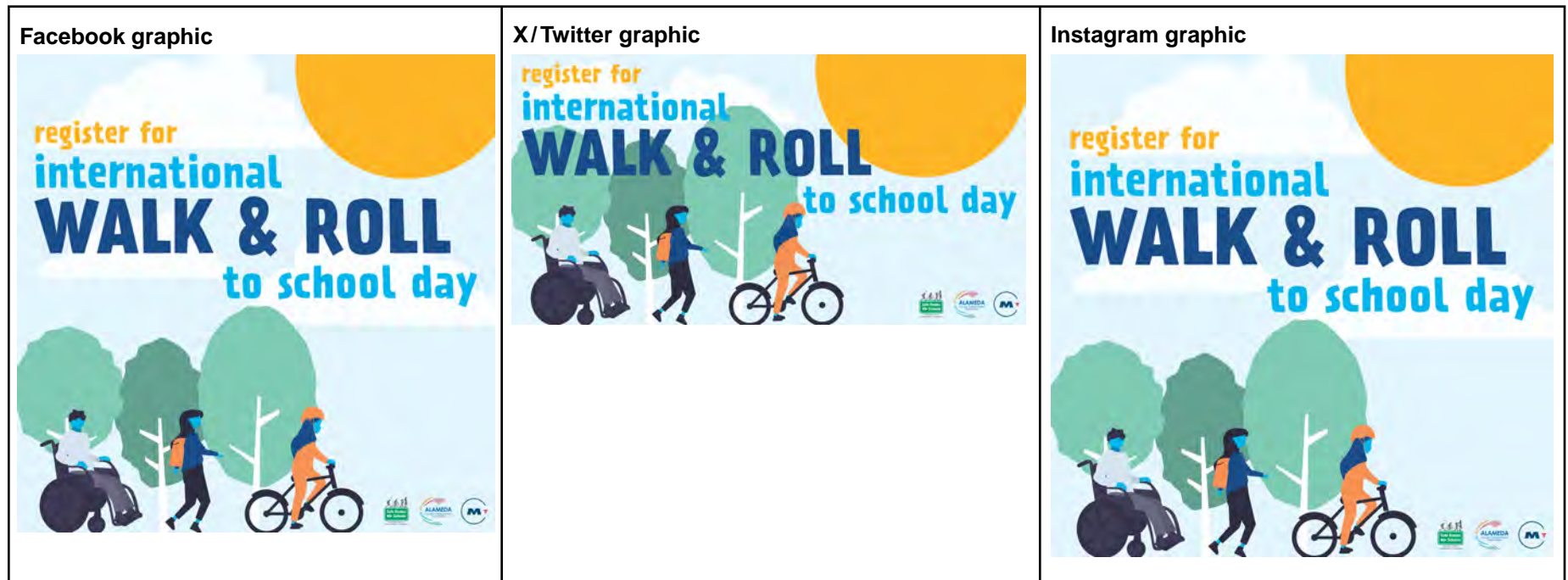
Some text is highlighted **yellow** for you to personalize. Remember to change it before posting online!

The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedaactc.org) and is funded with Alameda County's local Measure BB sales tax, and regional, state and federal funds. [info@alamedacountysr2s.org](mailto:info@alamedacountysr2s.org)  
[www.alamedacountysr2s.org](http://www.alamedacountysr2s.org)



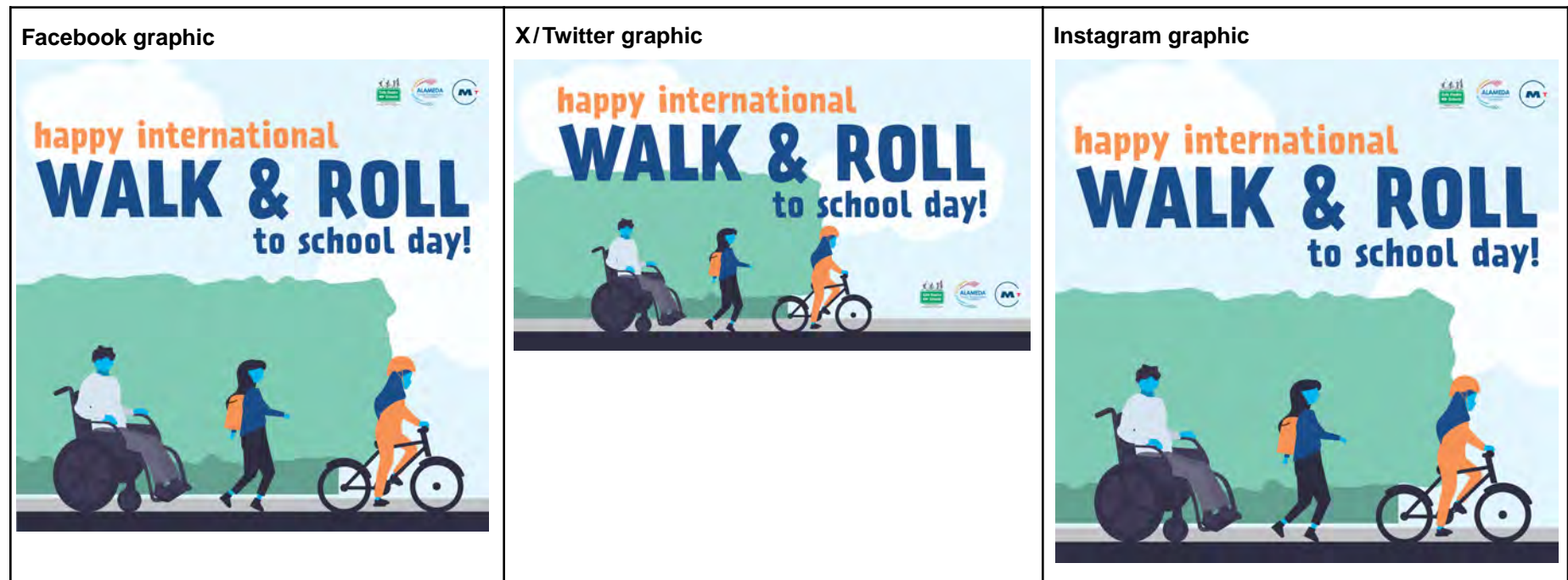
## Post 1

<b>Theme:</b> Building community on campus and in classrooms	<b>When to post:</b> Anytime now until Tuesday, October 7
<b>Who should post this?:</b> Elected officials	<b>Post content:</b> Looking for a way to build community at your school? Join #WalkAndRoll25! Celebrate active transportation by biking, walking, or rolling to school during this @AlamedaCoSR2S event. 🚶 🚲 🦽 Join in the fun! #InternationalWalkAndRoll #SafeRoutesToSchools






## Post 2

<b>Theme:</b> Reduce pollution	<b>When to post:</b> Tuesday, October 7 & Wednesday, October 8
<b>Who should post this?:</b> Elected officials	<b>Post content:</b> Reducing transportation emissions is critical to keeping our communities and planet resilient and healthy. That's why our school community is participating in @AlamedaCoSR2S's #WalkAndRoll25, October 8. Together, we can keep ourselves and our planet in tip-top shape 🌍



### Post 3

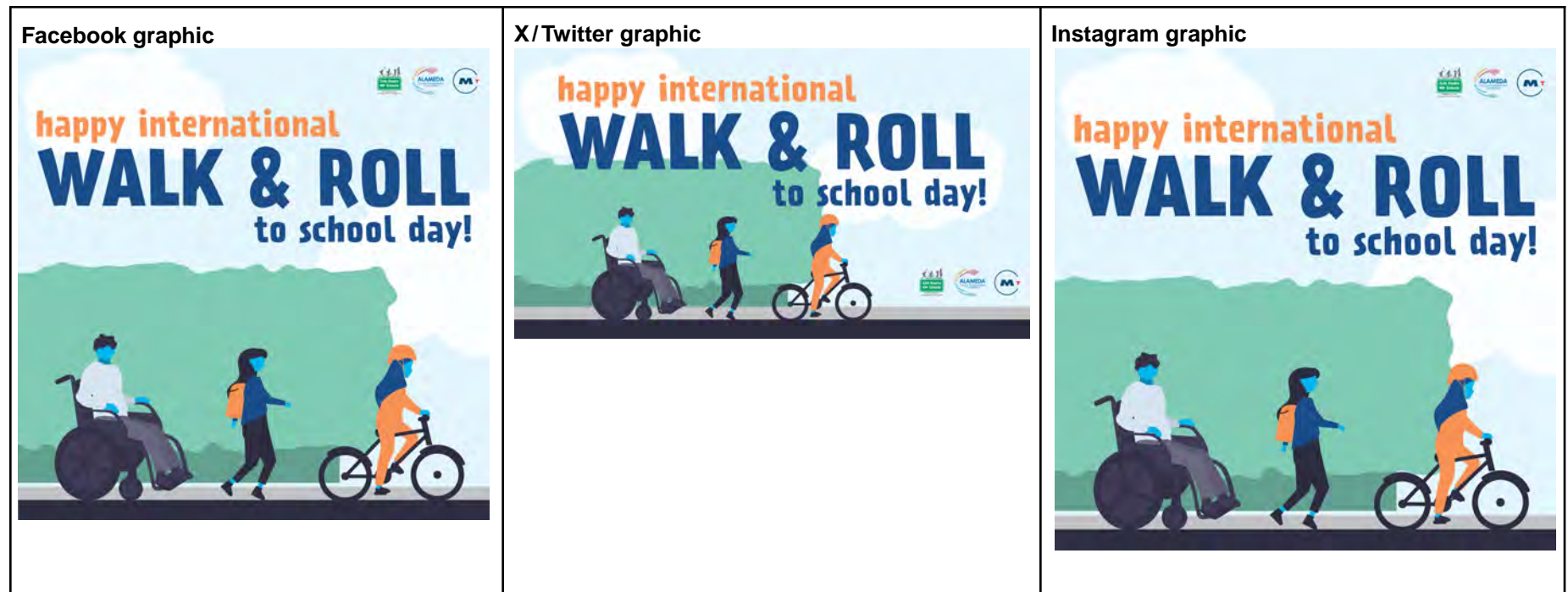
<b>Theme:</b> Building community on campus and in classrooms	<b>When to post:</b> Anytime now until Tuesday, October 7
<b>Who should post this?:</b> School administrative staff of participating schools	<b>Post content:</b> At [insert name of school or community], we're excited to support community-building on #WalkAndRollToSchoolDay, which encourages students and families to walk, bike, or roll to school. 🚶🚲🛴 Show your support for this @AlamedaCoSR2S event! #WalkAndRoll25 #SafeRoutesToSchools

<b>Facebook graphic</b> 	<b>X/Twitter graphic</b> 	<b>Instagram graphic</b> 
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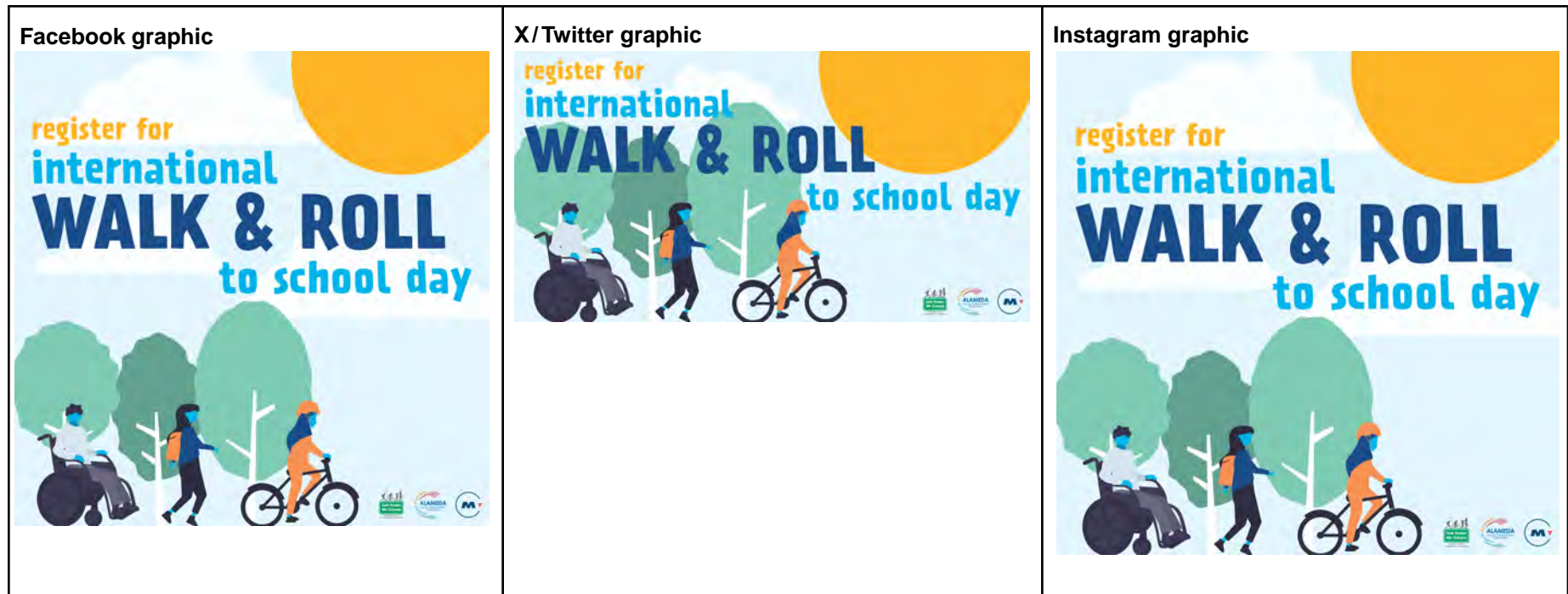
## Post 4

<b>Theme:</b> Encourage students to be physically active	<b>When to post:</b> Tuesday, October 7 & Wednesday, October 8
<b>Who should post this?:</b> School administrative staff of participating schools	<b>Post content:</b> Did you know biking to school can help children achieve the CDC's recommended amount of exercise? Biking, walking, or rolling on #WalkAndRollToSchoolDay is a great way to get moving! 🚶 🚲 Let's all get moving and join this @AlamedaCoSR2S event! #WalkAndRoll25 #SafeRoutesToSchools



## Post 5

<b>Theme:</b> Improving academic performance	<b>When to post:</b> Anytime now until Tuesday, October 7
<b>Who should post this?:</b> Families and caregivers	<b>Post content:</b> My family is [select: walking, biking, rolling] for the @AlamedaCoSR2S #WalkAndRollToSchoolDay because physical activity before school boosts academic performance and supports mental health! #WalkAndRoll25 #SafeRoutesToSchools



## Post 6

<b>Theme:</b> Encourage students to be physically active	<b>When to post:</b> Tuesday, October 7 & Wednesday, October 8
<b>Who should post this?:</b> Families and caregivers	<b>Post content:</b> Excited to see the community out biking, walking, and rolling on #WalkAndRollToSchoolDay! 🚶🚴🚲 What a great way to get moving during this @AlamedaCoSR2S event! 🚶 #WalkAndRoll25 #SafeRoutesToSchools

