

## **Newsletter Text - English**

## **Golden Sneaker Contest**

## Safe Routes to Schools - Golden Sneaker Contest

Lace up those shoes and dust off those wheels, the <u>2025 Safe Routes to Schools Golden Sneaker Contest</u> is coming to your school.

From March 3<sup>rd</sup> to March 14<sup>th</sup>, students in participating classrooms will work together to use active and shared transportation options to get to school, such as:

- Walking
- Biking
- Rolling in a wheelchair or mobility device
- Skateboarding, using a scooter, or any other human-powered wheels
- Using public transit such as AC Transit or BART
- Carpooling with another household

The Golden Sneaker Contest is an opportunity for our students to be physically active, build camaraderie, and reduce traffic congestion and pollution in our school community. Parents and guardians are encouraged to join their children for the fun, even though only student activities are counted in the contest.

Students will track their activity each day with their teacher, reporting if they did or did not participate in any active or shared transportation options. The classroom with the highest percentage of participation in these activities will win special incentives for students.

The Golden Sneaker Contest is an event organized by Alameda County's Safe Routes to Schools Program, which is sponsored by the Alameda County Transportation Commission. For more information about the Alameda County Safe Routes to Schools Program, visit <u>alamedacountysr2s.org</u>.

To find out more details or to get involved, contact [insert name] at [insert phone number and/or email].

Good luck!