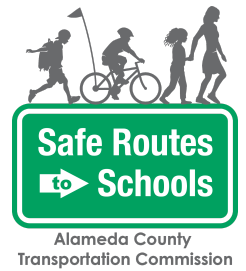


# Ongoing Walk and Roll January



**Theme:** Clean Air for a New Year

Let's start off the new year by keeping our air and environment clean! Transportation is one of the biggest sources of atmospheric pollution, so one way to help keep our air clean is by walking, rolling, taking transit, and carpooling.

## Activities your child or students might want to do before your walk and roll event:

- Check out Spare the Air's [Virtual Booth](#)! Hover your cursor/computer mouse over Teddy Air on the right of the webpage to access activities and learn more about how you can improve your air quality!

## Monthly Walk and Roll Challenge:

- Take the Clean Air Quiz for Kids on Spare the Air's Virtual Booth after hovering under Teddy Air to test yourself on your knowledge! Write down one new thing that you've learned and share it with a friend or family member.
- Fill out the [Spare the Air activity book](#) in your free time this month and learn more ways to keep our atmosphere clear!

**Make sure to use [these helpful tips](#) on your walk!**



The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission ([alamedactc.org](http://alamedactc.org)) and is funded with Alameda County's local Measure BB sales tax, and regional, state, and federal funds.