

Ongoing Walk and Roll November



Theme: Inclusion

November's focus is INCLUSION! Inclusion means creating spaces where everyone can feel welcome and comfortable. This month we honor champions of inclusion and racial justice such as Ruby Bridges, who was a part of the movement for integration in schools in the United States. We encourage students to practice inclusivity on their walk and roll to school like Ruby Bridges did! This could include inviting friends and family you don't usually include to join you on your way to and from school, sharing tips and tricks for how you safely walk and roll, and/or waving and saying "hi" to neighbors you pass by in your community. Being inclusive is easy — it starts with asking "Who can I include that might not already feel welcome and comfortable?"

Activities your child or students might want to do before your walk and roll event:

- [Learn more about Ruby Bridges!](#) How did she work toward an inclusive community, and what examples could you follow?

Monthly Walk and Roll Challenge:

- Draw a poster about why you decide to walk or roll to school.
- Wear something purple on Ruby Bridges Walk to School day on November 14th!

Make sure to use [these helpful tips](#) on your walk!



The Alameda County Safe Routes to Schools Program is a program of the Alameda County Transportation Commission (alamedactc.org) and is funded with Alameda County's local Measure BB sales tax, and regional, state, and federal funds.