**Newsletter Text – English**   
Golden Sneaker Contest

**Safe Routes to Schools - Golden Sneaker Contest**

Lace up those shoes and dust off those wheels, the [2022 Safe Routes to Schools Golden Sneaker Contest](https://alamedacountysr2s.org/our-services/plan-an-event/golden-sneaker-contest/) is coming to your school.   
  
From February 28th to March 11th, students in participating classrooms will work together to use active and shared transportation options to get to school, such as:

* Walking
* Biking
* Rolling in a wheelchair or mobility device
* Skateboarding, using a scooter, or any other human-powered wheels
* Using public transit such as AC Transit or BART
* Carpooling with another household

The Golden Sneaker Contest is an opportunity for our students to be physically active, build camaraderie, and reduce traffic congestion and pollution in the morning. Parents and guardians are encouraged to join their children for the fun, even though parent activities will not be counted.

Students will track their activity each day with their teacher, reporting if they did or did not participate in any active or shared transportation options. The classroom with the highest percentage of participation in these activities will win special incentives for both students and teacher.

Alameda County’s Safe Routes to Schools program, sponsored by the Alameda County Transportation Commission, is a comprehensive, proven approach to get more students using active and shared transportation options safely to school and beyond. For more information, visit [alamedacountysr2s.org.](http://alamedacountysr2s.org/)

To find out more details or to get involved, contact insert name at insert phone number and/or email.

Good luck!