

Walk and Rollin' Pen Pals June 2021

Alameda County Safe Routes to Schools Learn more at <u>alamedacountysr2s.org</u>



Alameda County Transportation Commission

Theme:

We want to commemorate the end of this year, which is why the theme for the month of June is Celebration! Celebrating allows us to mark the end of a uniquely challenging year and have some fun as we begin summer. Taking breaks and carving out some time for enjoyment is essential to your mental health. This month and through the summer, we encourage you to celebrate all of the accomplishments you have reached. We hope you'll do things that make you feel good, such as getting outside or connecting with friends!

Activities:

- **Dream Summer** Write to a friend or family member about what your dream summer looks like, and ask them about their dream summer.
- **Summer Adventures Journal** Create an adventure journal! Fill it with pictures and photographs, and write about all of the fun things you do. Share your journal with a close friend or family member.
- Become a Movie Critic Check out a movie from the <u>Safe Routes Movie List</u> and write a letter about it to a friend or family member. What did you like about the movie? What would you change?

How To:

Here is a helpful <u>video</u> to show you how to write a letter.

Delivery:

You can deliver letters by walking/rolling to the post office or a mailbox. Use <u>this link</u> to find post offices or mailboxes near you, or deliver the letter by hand. You can also send letters to classmates—just work with your teacher to exchange them!





METROPOLITAN TRANSPORTATION COMMISSION

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