**Newsletter Text – English**   
Golden Sneaker Contest

**Safe Routes to Schools - Golden Sneaker Contest**

Lace up those shoes and dust off those wheels, the virtual 2021 Safe Routes to Schools Golden Sneaker Contest is coming to your school.   
  
From March 1st to March 5th, students in participating classrooms will work together and be physically active by using active and shared transportation and indoor physical activity options such as:

* Walking
* Biking
* Rolling in a wheelchair or mobility device
* Skateboarding, using a scooter, or any other human-powered wheels
* Using public transit such as AC Transit or BART
* Yoga, jumping jacks, or other indoor physical activities

The Golden Sneaker Contest offers an opportunity for every student to participate virtually this year to use the active options above for fun, exercise, or essential trips. Parents and guardians are encouraged to join their children for fun, even though parent activities will not be counted.

Students will track their activity each day with their teacher, reporting if they did or did not participate in any active or shared transportation options or indoor physical activities. The classroom with the highest percentage of participation of students engaging in these activities will win special incentives for both students and teachers.

Alameda County’s Safe Routes to Schools program, sponsored by the Alameda County Transportation Commission, is a comprehensive, proven approach to get more students using active and shared transportation options safely to school and beyond. For more information, visit [alamedacountysr2s.org.](http://alamedacountysr2s.org/)

To find out more details or to get involved, contact insert name at insert phone number and/or email.

Good luck!