



Alameda County Safe Routes to Schools



Walk and Rollin' Pen Pals

Overview:

Share what you're doing and stay connected with others through a handwritten letter.

Theme:

November's focus is **INCLUSION!** Inclusion is important because our communities work best when everyone feels welcomed and valued. This month, we celebrate champions like Ruby Bridges, who opened up the door for racial inclusion in schools in November of 1960. Many other people have pushed for inclusion beyond race, like making accommodations for people with disabilities. We encourage students to practice an inclusive mindset in their relationships.

Letter Writing Prompts:

- Write a letter to someone you haven't written a letter to before or in a while.
- Share in a letter when you have shown courage while walking or rolling like Ruby did.
- Do you have a friend who helped you think of something differently? Write to them and let them know how they changed your perspective.

How To:

Here is a helpful [video](#) to show you how to write a letter. There is also a letter writing template on the next page.

Delivery:

There are so many ways to deliver letters. You can deliver letters by walking/rolling to the post office/a mailbox. You can use [this link](#) to find post offices or mailboxes near you. Or you can keep it simple by leaving a letter on your sibling's bed or nightstand or at a neighbor's front door. You can also send letters to classmates—just work with your teacher to exchange them!



METROPOLITAN
TRANSPORTATION
COMMISSION

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