**Safe Routes to School International Walk & Roll Week**

**E-Newsletter Template - English**

**Join the fun on International Walk and Roll Week**

Monday-Friday, October 19-23, 2020

The students, parents, and teachers at (name of school) will celebrate International Walk and Roll Week from October 19 -23. This is a great opportunity to celebrate our health, the environment, and our school spirit. With the suggestions below, we’re hoping every student will participate.

**What’s going on?**

» Lots of walking and rolling!

» Individual “passports” for students to track progress and log activities.

» Fun theme days every day!

» Activities for kids to do in their neighborhood or inside their homes.

» Drawing for prizes for kids of all ages.

**A physically distant celebration!**

While students are learning at home, students and their families should take active breaks throughout

the school day. Kick off this healthy practice with this fun walking and rolling experience in your neighborhood, while maintaining physical distance. Visit the [IW&RW website](https://alamedacountysr2s.org/our-services/plan-an-event/iwr2sd/) to download the “passport” and log your activity! Students who complete the passport can enter into the prize drawing – a scooter and helmet for elementary students, and a gift card to a sporting goods store for middle and high school students. Students can e-mail a picture of their completed passport to info@alamedacountysr2s.org, or text a picture to (510) 459-4137.

Post a fun photo to celebrate the week on social media! Don’t forget to tag [@AlamedaCoSR2S](https://twitter.com/alamedacosr2s?lang=en)

on Twitter with #WalktoSchoolDay and #WalkAndRollWeek, and post on Facebook at [facebook.com/saferoutestoschool](https://www.facebook.com/saferoutestoschool).