

Name: _____

Exercise Your Addition Skills

Let's practice getting 60 minutes of exercise in one day!
Help Paulo pick the activities he could do to meet this goal on Monday.

On Monday Paulo did a combination of the following activities.
Circle the minutes below that add up to **60 Minutes**.



Hi, I'm Paulo

Walking to school	15 minutes
Walking home from school	15 minutes
Biking to school	10 minutes
Biking home from school	15 minutes
Walking around the neighborhood	20 minutes
Biking in the park	22 minutes
Playing basketball	18 minutes
Rollerskating	14 minutes
Skateboarding	30 minutes

Total minutes _____

Write a number sentence to show how many minutes of exercise Paulo gets on Monday.
