Safety Tips for Walking in the Rain

1. Get an Umbrella
An umbrella is useful for a variety of reasons while walking in the rain, not only will it naturally help to keep you dry, it also improves your visibility, helping the drivers in surrounding vehicles to see you.

2. Wear Bright Colors
A brightly colored raincoat will serve you well when walking in the rain. Much like the umbrella (which should also be bright if possible), this item will both keep you dry and aid in other motorists’ ability to see you. The brighter the color, the better. When it’s raining out, visibility is significantly impaired, especially for elderly drivers, but bold colors stand out and help you avoid a pedestrian accident

3. Choose Non-Slip Shoes
Non-slip shoes (and preferably waterproof ones for your comfort) can help you get across streets safely. When streets and sidewalks are wet, slip and fall accidents may be more likely. While a slip on a sidewalk can lead to injuries, a slip in the middle of the road can be catastrophic.

4. Follow Traffic Laws
Rain or shine, you should always follow pedestrian rules of the road.
- Using a sidewalk whenever possible
- Crossing at a crosswalk when the signal indicates that it’s okay to do so
- Yielding to vehicles when not crossing at a designated crossing area
- Not exiting the sidewalk into the path of traffic

5. Resist Distractions
Finally, remember to put away distracting items when walking. Turn off the music and tuck your cell phone safely into your pocket. When it’s raining out, it can be more difficult to see and hear approaching vehicles can be harder to both see and hear- extra attention can be key to your safety.

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