Dear Alameda County Safe Routes to Schools Partners and Champions,

We are well into the fall, experiencing shorter days and changes in temperatures. I want to remind you about some other changes that coincide with the fall season that may impact the safety of students walking and rolling to school.

Staying Healthy and Active in the Fall

First, I encourage you to take note of these changes, especially with Daylight Savings Time ended on Sunday, November 4. While we "fall back" and gain an

hour more of daylight in the morning, we also lose an hour of daylight at the end of the day. Remind students to *Be Seen to Be Safe*, i.e., remain visible by wearing reflective clothing and taking extra care as they travel. This article, *Making*



<u>Daylight Savings Time Safe for Kids</u>, published by the National Highway Transportation Safety Administration (NHTSA) several years ago, offers timeless good advice for children and adults.

Cooler (and often wetter) weather doesn't have to mean the end of walking and rolling to school. Rain gear and layered clothing helps keep students dry and warm. A well-fitting, bright, and reflective coat with a hood (or a hat) and waterproof boots for extra wet days will ensure kids stay safe, healthy and active.

Cocoa for Carpools

I also write to remind you about the next SR2S countywide event called Cocoa for Carpools happening in high schools from November through February. This student-led event for high schoolers encourages carpooling as a way to reduce traffic and harmful pollution around schools.



Visit the Alameda County SR2S

<u>Program Resource Center</u> for more information, then contact your <u>site</u> coordinator to get started.

Look for more about upcoming events and opportunities to keep students safe and healthy in our winter newsletter.

Thank you for making the SR2S Program a mainstay of your school.

Leslie Lara-Enríquez Alameda County Safe Routes to Schools Program Manager

[calendar at bottom]

ANNOUNCEMENTS

Funding Available to Replace School Buses

The Bay Area Air Quality Management District is offering more than \$60 million in grants for clean air projects through the

and the

Visit the Air District website to and to get more information about available funds and equipment eligible for funding, including funding for

Contact the Air District with any questions you might have.

Michael Neward, Air District School Buses (415) 749-4703

America's Favorite Crossing Guard

Crossing guards are very important for keeping kids safe on the way to school. They protect our kids and encourage safe behaviors. And they show up rain or shine.

Show your appreciation by . It's

super easy! **Deadline is Nov. 14**.

Safe Routs to Parks Activation Communities Program

The Safe Routes to Parks Activating Communities program will make \$12,500 awards to eleven communities to develop Safe Routes to Parks action plans. are due by December 10th (11:59 PM PT).